



The 6th Annual Meals on Wheels

March in March for Meals and the 2nd Annual

Albuquerque Scurry 5K "Chip"

Fun Run

Saturday, March 31, 2007

8:00 a.m. for RUN

8:30 a.m. for WALK

CALL: 823-8061 FOR INFO

Pet Friendly Event - Doggie Cookies Available for

### ANNUAL PLEDGE WALK FOR MARCH IN MARCH PRIZES!

8:30 a.m. WALK START

Presbyterian Northside (North Entrance)

#### March in March Pledge Opportunity!

Great Prizes Will Be Given for the Top Ten Pledge Amounts Collected by Walkers and Runners! You can Win in Both Categories! See Pledge Panel Other Side of Brochure.

Pledge Prizes include: Portable DVD Player, Dinner for Two, Auto Oil Change, Boom Box, & MORE!

This annual fundraiser helps insure that hungry, frail, elderly, disabled, and critically ill homebound in Bernalillo and Sandoval Counties receive appropriate nutrition.

Bonus bags for runners and walkers may be picked up from 10 AM to 2 PM, March 27th and March 29th, 2007 or on day of event, March 31, 2007 from 7:30 AM.

Help a parent, grandparent, friend, or other worthy senior by participating in this Walk or Run for The Homebound.

## Meals on Wheels 2nd Annual Albuquerque Scurry 5K Fun Run

Saturday March 31, 2007  
(8:00a.m. 5K Run Start)

Presbyterian Northside, 5901 Harper Dr. NE.

1st, 2nd, 3rd Prizes Overall Male & Female.

1st & 2nd Male & Female Finisher

In the 60+ Category.

### Albuquerque Meals on Wheels

#### Mission Statement:

"To provide nutritious meals prepared and delivered by caring staff and volunteers to individuals, including the elderly and disabled, in order to help them be more independent."

1st FIRST COMMUNITY BANK

United Way of Central New Mexico

Altria

Wal-Mart

DentalSource

ALBUQUERQUE Meals on Wheels

Creamland

BERNALILLO COUNTY



Walk & Run  
Include  
Breakfast.



Albuquerque 5k  
Runners at  
Starting Line!

PO BOX 92614  
ALBUQUERQUE, NM 87199-2614

TO:

The 6th Annual March in March  
And  
The 2nd Annual  
Albuquerque Scurry  
5K Fun Run  
To Benefit:



Saturday, March 31, 2007

Albuquerque Meals on Wheels

(Location - Presbyterian Northside)

5901 Harper Dr. NE

E-Mail: pam-volunteer@mow-nm.org

(505) 823-8061

